



The CAMAN Crier



August 2014

www.mowcnola.org

Edition 1

From the Presidents Pen...

Welcome to a new year with the Military Officers' Wives' Club of Greater New Orleans. For those of you who may not know about MOWC, let me give you a few details. Our group includes the Coast Guard, Armey, Marine Corps, Air Force and Navy (CAMAN) that are active duty, reserve, and retired spouses, as well as spouses of GS-7 and above employees and NAF equivalents. Membership is also available to Commissioned and Warrant Officer veterans of all branches of service. Being an all service spouses club makes us so unique!!! You can read more about membership eligibility on our website at www.mowcnola.org.

MOWC membership is a great way to discover New Orleans. Our Vice-Presidents', Brenda Davis and Vanessa Padla are busy planning our social calendar for the year. Membership with MOWC is the perfect way to make new friends and keep your existing friendships exciting. New Orleans, by far, is the most social place I have ever lived and MOWC is a huge part of the reason. As a club, we work together to support our chosen community organizations while providing assistance to a variety of other community activities. Along the way you'll have the time of your life and build lasting friendships.

Our annual Welcome Brunch will be Saturday, September 6th from 11:00 – 1:30. It will be held at the home of LtGen Richard and Pat Mills, Quarters A in Federal City. Please see the flyer for more details and please share with any new transfers to our area. We would hate for them to miss our kick-off event for the year. Why? Because the luncheon is the first opportunity to make CAMAN Ball reservations!!! The CAMAN Ball will be held January 17, 2015 at the Hilton New Orleans Riverside Hotel. This is MOWC's grandest event of the year and is so much fun. Our CAMAN committee works so diligently to put together the most spectacular ball at a very reasonable price. We will offer a raffle at the brunch to help offset the CAMAN Ball expenses. Make sure to bring along some extra cash to purchase raffle tickets and join the fun.

In an attempt to reach all potential members, MOWC provides the first two newsletters of our new membership year to everyone. Afterwards, membership is required to continue to be kept up-to-date of all our amazing activities. We welcome and urge you to be part of our club. I look forward to meeting you soon and enjoying old friends at our brunch.

Until then,

Rhonda Gage



In this issue:

Mission Statement	2
Community Organizations	3
Welcome Brunch	4
Membership Form	5
CAMAN Ball	6
Ambassador of Fun Tour	8
Service Updates	9
Organizational Updates	9
Upcoming Events	11
2014-2015 Board	13

Military Officers' Wives' Club (MOWC) of Greater New Orleans

Is a non-profit organization, whose purpose is to hold social functions for Club members and their guests, which foster friendship and encourage the growth of existing ones; to raise funds to support community organizations adopted by the Club; and to aid and assist in community work.

The General Membership consists of Regular Members and Associate Members

Regular Members.

A regular member must be a current spouse or former spouse who is a member in good standing prior to a divorce, or a widow/er of a commissioned or warrant officer of the Army, Navy, Coast Guard, Marines, or Air Force, active, reserve, or retired.

Associate Members.

An associate member must be a current or former spouse who is a member in good standing prior to a divorce, or a widow/er, of a federal government service employee with the rating of GS-07/NAF equivalent or above; a federal government employee with the rating of GS-07 or above; or a military veteran as a commissioned or warrant officer of the Army, Navy, Coast Guard, Marines, or Air Force, active, reserve, or retired. Associate members shall be entitled to all privileges of the Club except holding the elective office of President.

Member at Large:



Don't you love being a part of the MOWC? Want the experience to be even better and help out when needed? We are looking for volunteers to give a little of your time when you can. Sign up for the Volunteer Committee and we will send you reminders when events come up where we could use a helping hand. We will have a sign-up sheet at the Welcome Brunch or send me an email with your contact information and I will call when your help is needed!!!

ylemaire@cox.net

Publicity:



Need a phone number to a military command, Navy Exchange, Commissary, DEERS center or other military office in the New Orleans area? The directory can be found at:

<http://www.mybaseguide.com/base/navy/military-in-new-orleans>.

On the right side of the page click Telephone Directory to find numbers at NAS JRB in Belle Chasse, Marine Corps Support Facility, Jackson Barracks, Coast Guard District 8 and more. Users to the site can also navigate to other installation guides/directories that AQP publishes. The guide can also be reached with a free phone app called MyBaseGuide.

MOWC's 2014-2015 Sponsored Organizations

The United States Naval Sea Cadet Corps (NSCC), Eisenhower Squadron:

Located aboard the U.S. Naval Air Station Joint Reserve Base (NAS JRB), New Orleans, Belle Chasse, LA. The NSCC is a program for young men and women ages 13-17 who are interested in developing their skills in leadership, basic seamanship, courage, self-reliance, military discipline, and commitment to being drug and gang free. This NSCC is organized under the cognizance of the Navy League of the United States, New Orleans Council.



Young Marines, Jefferson Parish Sheriff's Office, Harvey LA:

This a National Youth Program open to qualified candidates, boys and girls between the ages of 8 and 17. It is the sole youth program, which boasts the official anti-drug program of the United States Marine Corps. Their mission is to positively impact America's future by providing quality youth development that nurtures and develops its members into responsible citizens who enjoy and promote a healthy, drug and criminal gang-free lifestyle.



Camp Challenge, New Orleans, LA

A grass roots non-profit organization dedicated to giving ill children and their siblings ages 6 through 18 a summer camp experience. Camp is open to all children who reside in Louisiana and have a form of cancer and chronic hematological disorders. These children do not have to pay for camp; it is free for all campers.



New Orleans Military and Maritime Academy (NOMMA) and Belle Chasse Academy:

The mission of the New Orleans Military and Maritime Academy is to educate high school students, no matter their background or previous school experience, to fully achieve their personal and academic potential through the acquisition of core knowledge and the skills of analysis, problem solving, communication, and global responsibility. (Grades 9-11)





MILITARY OFFICERS' WIVES' CLUB OF GREATER NEW ORLEANS

Invites you to join us for our annual



WELCOME BRUNCH



Saturday, September 6, 2014

11:00 a.m.-1:30 p.m.

At the home of LtGen and Mrs. Richard Mills



The LeBeuf Plantation House~ Quarters A
2475 Sanctuary Drive
New Orleans, LA 70114

R.S.V. P. by August 29 to Vanessa Padla
mowcrsvp@mowcnola.org 904-651-1769

Attire: Casual (slacks, skirt, sundress, etc.)

**This will be your first opportunity to purchase reservations
for our *not to be missed* CAMAN Ball!!!**



Military Officers' Wives' Club of Greater New Orleans 2014-2015 Membership Form

Name _____
Last First

Service/Rank _____ Spouse's Name _____

Duty Station/Retired _____

Home Address _____

City State Zip

Email _____ Birthday (MO/DAY) _____

Preferred Phone _____ home/cell (please indicate)



Please circle your chosen response to the following questions:

Are you willing to be a member of the CAMAN BALL COURT?

QUEEN: YES NO

MAID: YES NO

Is your husband willing to be the CAMAN BALL KING?

YES NO

Are you interested in serving on the CAMAN Ball Committee?

YES NO

Would you prefer to receive your CAMAN Crier through EMAIL?

YES NO

Would you like your information included in the MOWC Directory?

YES NO

Membership dues are \$25 for the year.
Please complete the form and mail with a check (payable to MOWC) to:

MOWC Membership
c/o Robin Wendt
2919 Desert Court
Mandeville, LA 70448

Out and About NOLA Tidbits:

NOLA Coastie Wives is a local Facebook page specific to the Coast Guard. Join to ask questions and get answers from other CG wives to the questions you may have about the area. <https://www.facebook.com/groups/311662198927827/>

La Provence in Lacombe, LA is a John Besh restaurant on the Northshore. A great restaurant to celebrate your special occasion. It is pricey but worth it. The service was great and the food outstanding. Their redfish was perfectly prepared and the steak was so tender you could cut it with a fork. They even have a kids menu and the cauliflower Mac and Cheese is amazing. Check out their menu <http://www.laprovincerestaurant.com/menu.html>

COOLinary New Orleans – Celebrating Dining in America’s Most Delicious City!

Every August in New Orleans many of the city’s famous restaurants offer money-saving specials for lunch and dinner. COOLinary New Orleans features participating restaurants offering prix-fixe (fixed price), three-course lunches at \$20 or less and three-course dinners at \$35. Participating restaurants are constantly being updated. For the most recent information on the participating restaurants, visit www.coolinaryneworleans.com Nearly all of the restaurants taking part are located in the French Quarter or downtown New Orleans. For more information, call 800.672.6124.

Live Music at the Red Maple Restaurant – Historic Gretna

Enjoy live music every Friday from 6:30 – 9:30pm while dining during the month of August. Well known local musicians will entertain guests as they dine on succulent steaks & LA seafood. For more information call 504.508.4211 or www.theredmaple.com

Abita Springs Opry at the French Market Farmers Market – 1008 N. Peters Street

This concert series runs every Saturday in August from noon to 3pm. The concert series mission is to preserve and present Louisiana “Roots” music with a variety of country, jazz and bluegrass. For more information see www.frenchmarket.org

The Krewe of CAMAN and the CAMAN BALL

This year's CAMAN Ball is planned for Saturday, January 17, 2015 at the Riverside Hilton. Reservations will begin at the Welcome Brunch on September 6, 2014. Our theme this year is FIRE AND ICE and Brenda Davis is our reservation chair. A block of rooms has been set aside at the Hilton for the night of January 17th at a rate of \$151.00. You may begin reserving rooms now by calling 504-561-0500 and using the code C M N.

For those of you who are new to the area, the following information will give you an idea of what our Mardi Gras Ball is about! We like to bill it as "The Most Fun You Will Ever Have at a Military Event"!

Make your plans now so you won't miss the FUN!

****Reservations will begin and tables reserved at the Welcome Brunch, September 6, 2014 so bring this registration form with you to the Brunch.**

Krewe of CAMAN Ball Traditions

In keeping with many traditions of Mardi Gras, the Military Officers' Wives' Club's (MOWC) contribution is an annual Ball hosted by the Krewe of CAMAN. This Mardi Gras Ball originated as a ball given by the Navy Officers' Wives' Club. The first ball was held to celebrate Mardi Gras and to give a taste of what went on in the city. Back then, only on rare occasions were any of the military members who didn't have city connections invited to be a part of the activities of the "secret" societies (Krewes) that make up the core of Mardi Gras fetes in the city. When the Military Officers' Wives' Club was established, the Krewe of CAMAN was born. This will be our 39th year of the tradition!

When the MOWC was established, not only did it allow you to become a member of a group specifically involving each service, but your membership also made you a "krewe" member. The organization formally resisted as a women's Krewe with the city of New Orleans. The resisted name of the "Krewe of CAMAN" stands for Coast Guard, Army, Marine Corps, Air Force and Navy and thus includes all of the five services that make up membership in the MOWC. The design of our doubloon was created by Mary Ellen Filder in 1985. It is a porthole to symbolize the nautical view of the port of New Orleans. Gallier Hall represents the city's historical past; the streetcar represents the transition from past to present; and the Superdome shows our involvement in the New Orleans of the future. The Fleur de lis was added later by Cori Kinnerup to represent our resilience after Hurricanes Katrina and Rita. The statement of the back of the doubloon reads, "Krewe of CAMAN...Faith in our Flag...around the World" and was contributed by Doris Yound.

Each year a Captain is chosen to plan the ball. The Captain can choose a ball Lieutenant. As in other Krewes, the Lieutenant directs all the festivities on the night of the Ball. By tradition, CAMAN follows the outlines of other Krewes in the city. Annually, the Captain plans the Ball around a theme. Dress is formal attire (military mess/service dress or black tie).

A court consisting of a Maid to represent each service is chosen and announced at our Royal Dinner. A King and Queen are also chosen to preside over the event, but their identities are kept a closely guarded secret and only revealed on the evening of the Ball.

Traditionally, in addition to the Court and the King and Queen, entertainment built around the theme is performed. Past Royalty is presented, and dinner is served with dancing to follow. Ball favors are placed on the tables so every guest has a memento of the event.

The CAMAN Ball is the most popular joint Military event in New Orleans.

You will not want to miss out!

The Krewe of CAMAN presents



FIRE

&

ICE



January 17, 2015

6:00 pm

Hilton New Orleans Riverside

Two Poydras Street
New Orleans, LA 70130

RESERVATIONS ARE \$75 PER PERSON

DRESS: SERVICE MESS DRESS OR BLACK TIE. GOWNS MUST BE FLOOR LENGTH.

CAMAN Ball Reservations
C/O Brenda Davis
Mail Reservations to: 112 Constitution Street
New Orleans, LA 70114

504-361-1322 Camanreservations@mowcnola.org

Name _____

Address _____

Best contact number _____

Email _____

Rank/Branch of Service _____ # of Reservations _____

LAST DAY FOR CANCELLATIONS IS 20 DEC 2014 Make check payable to : MOWC

Tables of 10/no ticket issued

Names of those seated at your table, if you are purchasing an entire table.



AMBASSADORS OF FUN

Our Motto: Girls just want to have fun!

Our Color: Hot Pink! Bling is in, along with our hot pink Boas.

What we provide: A little lagniappe, New Orleans style.

We add little surprises to our monthly events. This is the 3rd year that we are taking tours of Louisiana's Plantations. We have toured San Francisco Plantation, Houmas House Plantation, and Laura Plantation.

Come join us for our first excursion this year.

On Wednesday, September 25TH, we will tour **DESTREHAN PLANTATION** and have lunch at **ORMOND Plantation**.

The 2 Plantations are 5 minutes apart on River Road. The tour will last about 1 1/2 hours and the cost is \$16.00 with a Military ID. Destrehan Plantation is 20 minutes from Clearview Mall. This is one of the closest Plantations to New Orleans.

Please check out the website: www.DestrehanPlantation.org.

We will carpool from **Clearview Mall** on Veterans Hwy. in Metairie. We will meet under the **Target sign** at 9:30 and leave promptly at 9:45. We should be back to Clearview Mall around 2:00.

Call for reservations: Jeanne Black, 504-461-9065 or email, mellyvan@cox.net. Please leave cell # and email address.



Service Updates:



Coast Guard * Army * Marine Corps * Air Force * Navy *

On July 1st the Navy promoted it's first 4-star female admiral – ADM Michelle Howard. She is a Naval Academy graduate, Surface Warfare Officer with 32 years in the Navy.

Organizational Updates:

NAS JRB New Orleans

NAS JRB New Orleans Back Gate to Barriere Road will be open Monday through Friday from 6am – 6:30pm starting Monday, August 11th. This will help alleviate the increase in commercial traffic at the Main Gate on Highway 23 associated with the airfield repair project.

Belle Chasse Academy: Please remember school starts **August 20th**. New Student Orientation is August 18th & 19th. New students report to school from 8:30 – 11:30am and returning students report from 11:30 – 2:30pm. Kindergarten Parent Orientation is Friday, August 22nd and their 1st day of school is Monday, August 25th.

Belle Chasse Academy is requesting parents to volunteer in helping with their SOAR program. This team of parents along with Julie Braatz are the "warriors of building" fundraiser. If you are interested, please email jbraatz@bellechasseacademy.org

Belle Chasse Academy Band has partnered up with Macy's "Shop for a Cause" fundraiser on Saturday, August 23rd with a purchase of saving 25% all day for \$5. For additional information - <http://www.bellechasseacademy.org>.

Chapel: CCD Classes – Confraternity of Christian Doctrine and Confirmation Classes. Class starts on Sunday, September 7th. Please call the Chapel at 504.678.3525 or sign up at BLDG 403.

EDS Feed Families Food Drive is in full swing until August 31st. Call 504.678.3525 for drop off locations.

Marriage Enrichment Retreat scheduled for September 13-15. Again call 504. 678.3525 for more details.

ITT: Tickets to the Audubon Zoo, Aquarium, and Insectarium are buy one get one free until September 30th (does not include IMAX). Good while quantities last. Call 504.678.3508 for more information.

MWR: Boondoggles (BLDG 40) formerly known as MACAN's Pub is now open with karaoke, pool, darts, dancing & more.

Fitness Center hours have changed –

Monday thru Thursday 0500 – 2000

Friday 0600 – 1800

Saturday 0600 – 1600

Sunday 0600 – 1400

Holidays 0700 - 1500

Fall soccer registration is from August 1st – 15th for ages 5 – 8. August 15th – 29th for ages 9 – 14. Call 504.678.3310 for details.

Library is offering genealogy research assistance. Call 50.678.3078 to reserve one-on-one assistance. Adult craft time on August 29 at 1:00pm and includes all the materials to make "wall-worthy" art. Story and craft time for children is the 1st and 3rd Saturday of the month.

Teen center has several events in August including a Sock Hop, Lock-In and Trip to Skate Country. Call 504.678.3310 for more details.

MWR New Orleans Phone Listing

MWR Admin	678-3231	Gear Rental	678-3142
Auto Hobby /Autorama		ITT	678-3508
Outdoor Storage	678-3448	Liberty Center	678-3509
Bayou Bowling	678-3514	Library	678-3078
Bayou Grill	678-4529	MACAN's Pub	678-3258
CYP CDH / CDC	678-3654	Mag-T	678-3034
CYP Teen Center		Outdoor Experience	678-3447
Youth Center	678-3310	RV Park/Pavilions	678-3449
CYP Info Line	678-3232	Pool (Seasonal)	678-3524
Fitness Center	678-3230	Special Events	678-3807
Frame Shop	678-7519		

Commissary:

Our NAS JRB Commissary normal days of operation are Tuesday - Sunday 1000-1800 regular operating hours. They are closed on Mondays.

Navy Exchange:

Drawing for the A-OK Student Reward is scheduled for the end of August. There is still time to get your child entered. Just bring your report card from the last grading period to your NEX customer service desk and fill out an entry form. Any child of active duty members, reservists, and military retirees in grades 1-12 who obtains a "B" grade average or equivalent is eligible to enter the drawing (This includes homeschooled children as well.). All eligible students receive an A-OK discount ID card for selected goodies including some FREE items along with an entry form for the savings bond drawing.

Labor Day Sidewalk Sales – Weekend of August 31. On Labor Day, September 2, store hours are 10am - 6pm.

The Village at Federal City (aka Family Housing)



Saturday August 16th

7 am until 3pm.

Come on out and find some great treasures!

Pre-register in the Patrician Management office from 8/7 – 8/16.

All Residents who are pre-registered will receive a yellow tape to signal that their home is participating, a complimentary package of price stickers and special signage.

Upcoming MOWC Events

September	October	November
6 –Welcome Brunch Quarters A	?	? – Royal Dinner -
25 – Destrehan Plantation	?	
December	January	February
? –Progressive Dinner	18- CAMAN Ball	27 – Muses Parade
March	April	May
?	TDB Lunch with Queen	?

****Dates may be subject to change****

AUGUST 2014 FFSC EVENTS

All workshops and classes are held at the Naval Air Station, Joint Reserve Base, Fleet & Family Support Center (FFSC), Bldg. 555 unless otherwise noted.
To register, or for additional information about FFSC events and services, please call 504-678-7569.



FEDERAL RESUME WRITING

Friday 01 August 2014
0900-1530

Learn how to write an effective Federal Resume and navigate the Federal hiring process.



STRESS MANAGEMENT

Wednesday 13 August 2014
0900-1100

Stop by to determine what is stressing you out and the skills you need to handle it.



ACTIVE PARENTING

Tuesday 05, 12, & 19 August 2014
0830-1030

Healthy families aren't born; they're made one day at a time.



CONFLICT MANAGEMENT

Monday 18 August 2014
0900-1100

Use effective communication as a vehicle to enhance relationships at work and at home.



EFFECTIVE COMMUNICATION

Wednesday 06 August 2014
0900-1100

Develop skills to foster effective verbal and written communication skills.



SMOOTH MOVE

Tuesday 19 August 2014
0900-1000

Get the answers and resources you need to complete a successful and stress-free move.



TRANSITION GOALS PLANS SUCCESS

Mon-Fri 11-15 August 2014 (5 Days)
0800-1600

Information and training to make informed decisions as you transition out of the military



ANGER MANAGEMENT

Wednesday 20 August 2014
0900-1100

Discover your own coping strengths and develop new anger management skills.



MILITARY SPOUSE ORIENTATION

Monday 11 August 2014
0900-1100

New spouse or not, stop by to get great information and resources.



BUDGET FOR BABY

Wednesday 20 August 2014
1000-1100

Get money saving ideas and receive "Baby's First Seabag" filled with baby items.



SPONSOR TRAINING

Tuesday 12 August 2014
0900-1000

Get trained to provide proactive assistance to newcomers and their families.



NEWCOMER'S ORIENTATION & TOUR

Thu-Fri 28-29 August 2014 (2 Days)
0800-1600

Everything you need to know about base services and the New Orleans community.



2014 – 2015 MOWC Board and Committee Members

Elected Officers

President	Rhonda Gage
Vice President(s)	Vanessa Padla & Brenda Davis
Recording Secretary	Kathy Pester
Corresponding Sec	Charlene Wenrich
Treasurer	Tammy Prine

Appointed Chairmen

CAMAN Ball Captain	Brenda Davis
CAMAN Reservations	Brenda Davis
Membership	Melinda Manyx
Newsletter	Cindy Metcalf
Website	Kim Brown
Parliamentarian	Melissa Daigrepont
Publicity	Tammy Prine
Parade of Prizes	Karen Boudrie Greig
Member at Large	Yvette LeMaire

Liaison Representatives

Coast Guard	Lynne Hester
Army	<i>Available</i>
Marine Corps	Charlene Wenrich
Air Force	<i>Available</i>
Navy/NASJRB	Doris Norman
NMCRS	<i>Available</i>
Navy League	Bobbie Whiddon
Commissary/Exchange	Miranda Bashaw
Ambassadors of Fun	Jeanne Black



MOWC Advisors

Pat Mills
Kris Cook
Terry Paulson

For newsletter additions, submissions and/or corrections please email:
cemetcalf@me.com